

2025 Las Vegas NSTA Symposium
Grand Station Hotel and Casino

Monday, April 7, 2025

- 7:30 a.m. – 9:00 a.m. Sign-in / Walk in Registration – Foyer of SALONS B, C
- 8:00 a.m. – 9:00 a.m. Continental Breakfast - SALONS B, C**
- 9:00 a.m. – 9:10 a.m. Welcoming Remarks -
Ken Price, NSTA President and Justin Aquines, Executive Director
- 9:10 a.m. – 10:00 a.m. Guest Speaker 1
(Medications and Botulinum Toxins)
- 10:00 a.m. – 10:30 a.m. **Coffee and Water is available in the Foyer**
- 10:10 a.m. – 11:00 a.m. Robert J. Spinner, M.D.
Neurosurgeon, Orthopedic Surgeon, Chair, Neurosurgery, Minnesota
Mayo Clinic, Rochester, MN
“Selective Peripheral Denervation Surgery”
- 11:00 a.m. – 11:50 a.m. Patrick J. Hogan, D.O.
Director, Puget Sound Regional Movement and Motility Disorder
**“Lifestyle medicine for the brain. What everyone can do for
themselves to improve the involuntary movements and pain of
dystonia”**
- 12:00 p.m. – 1:30 p.m. **LUNCH BREAK – SALONS B, C**
- 1:30 p.m. – 2:20 p.m. Karen P. Frei, M.D.
Associate Professor, Loma Linda University
“Deep Brain Stimulation Procedure and DBS Programming”
- 2:20 p.m. – 3:10 p.m. Summer San Lucas, PT, DPT, DSc
Assistant Professor, PT Programs
University of St. Augustine for Health Sciences
“Physical Therapy for Cervical Dystonia” (Working Title)
- 3:10 p.m. – 3:40 p.m. Coffee and Water is available in the Foyer**
- 3:20 p.m. – 4:10 p.m. Guest Speaker 2
“Dystonia Research” (Working Title)
- 4:10 p.m. – 5:00 p.m. Jamie Klein
2nd Degree Black Belt Nia Technique, Moving to Heal, 5 Stages of
Movement Development and private therapeutic movement instructor.
**“Exploring Music & Movement as a Path to Feeling Better with
NIA”**
- 7:00 p.m. – 9:00 p.m. **DINNER AND SOCIAL MIXER - SALONS B, C**

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Tuesday, April 8, 2025

- 8:00 a.m. – 9:00 a.m.** **Continental Breakfast - SALONS B, C**
- 9:00 a.m. – 10:00 a.m. Tom Seaman
Life Coach, Author, Speaker Living with Cervical Dystonia
“Living with Dystonia”
- 10:00 a.m. – 10:50 a.m. Joan Hogan, RD
Registered Dietician in Tacoma, WA
“The Negative Impact of Western Diet on Dystonia”
- 10:50 a.m. – 11:10 a.m. **Coffee and Water is available in the Foyer**
- 11:10 a.m. – 1:00 p.m. ST/CD Group Meeting - SALONS B, C
Moderators - Ken Price and Tom Seaman
- 11:10 a.m. – 1:00 p.m. Family, Friends, and Caretakers Group Meeting - SALON D
Moderator - Nancy Legarski
- 12:00 p.m. – 1:30 p.m. **Box Lunch – Foyer**